

GUNJAN SINGH

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PROFESSIONAL SUMMARY

Committed academic professional offering 2 years of experience in academic roles. Industrious and innovative with a proven history of strong student rapport.

WORK HISTORY

Assistant Professor, 07/2017 to 07/2019

Graphic Era (Deemed to be University) – Dehradun, Uttarakhand

- Instructed students using lectures, discussions and demonstrations in [Applied Psychology.
- Adapted teaching methods and class materials to student needs.
- Applied innovative teaching methods to encourage student learning objectives.
- Reviewed program materials and coordinated updates to keep department materials relevant and accurate.
- Evaluated and supervised student activities and performance levels to provide reports on academic progress.
- Built strong rapport with students through class discussions and academic advisement.
- Provided academic advisement to students including assistance with thesis and dissertation development.
- Maintained classroom structure and student engagement.
- Reviewed students' progress, test scores and completion.

Counselling Psychologist, 07/2017 to 07/2019

Graphic Era (Deemed to be University) – Dehradun, Uttarakhand

- Created, implemented and evaluated developmental outreach programs, presentations, workshops and other activities to facilitate patient growth.
- Documented client progress in confidential files.
- Consulted with patients on issues pertaining to relationship issues, substance abuse, career and other problems.
- Interviewed, observed, and surveyed patients in order to gain necessary information for psychological diagnosis.
- Performed research on effectiveness of interventions and proposed changes to intervention structures based on evaluation outcomes.
- Evaluated patients' goals, as well as mental and practical conditions, to develop individualized courses of treatment.

EDUCATION

B.Sc. Honours: Clinical Psychology, 2015

Amity University - Gurugram, Haryana

Master's of Arts: Applied Psychology, 2017

University of Delhi - New Delhi, New Delhi

Certification: Behavioural sciences, 2015

Amity University - Gurugram, Haryana

Certification: French, 2015

Amity University - Gurugram, Haryana

TRAINING/ INTERNSHIP

Indraprastha Apollo Hospitals, New Delhi

Mar 2017 - Apr 2017

Psychology Intern

- Worked with Head psychologist. Majorly was responsible for IQ assessment, personality
- assessment, diagnosis and working on prognosis.
- Designed treatment plan as agreed to by the Behavioral Specialist and the head Psychologist.
- Therapy observations ,like CBT,BT,counseling (family,group,individual,marriage counselling) along with relaxation technique like JPMR.

All India Institute of Medical Sciences, New Delhi

Aug 2016 - Sep 2016

Clinical-neuropsychology Intern

- Memory Assessment
- Screening for Cognitive Decline
- Cognitive Rehabilitation for Dementia/ Alzheimer's Dementia
- Cognitive Re-training for decline in Memory/Executive Functioning
- Management of Cognitive/ Memory Disorders
- Identify and treat pseudo-dementia
- Education: patients, carers, trainees, colleagues, and the general public.
- Family guidance
- Monitoring of progress and response to therapy

National Institute of Public Cooperation and Child Development,MWCD, New Delhi

Jun 2016 - Jul 2016

Clinical psychology Intern

Worked with two Departments

- Adolescent Centre- worked with young adults falling within the age range of 12 to 19 years comprehensive diagnostic and counselling have specific difficulties in learning and behavior or who have mental health problems like anxiety, depression, examination stress..
- Half time as research associate in Nutrition and Health Department for a project funded by World Health Organization. Developed modules on HIV-AIDS to teach rural population. Worked for " Beti Bachao Beti Padhao" abhiyan by Government of India. Developed NIPCCD's annual research report focusing women menstrual health and child nutrition for the year 2016.

MINDLER, Taxmann,, New Delhi

Oct 2015 - Feb 2016

Psychometric Design Intern

- Worked in the construction of an internationally funded project named " Mindler" which is India's first ever psychological battery to assess the Personality, Aptitude, Emotional intelligence and Interest of school children.
- Developed under a team of psychometricians and psychologist.
- Was responsible for scale construction, establishing reliability, validity of scale and Research.

Ministry of Human Resource and Development, New Delhi

Jan 2015 - Mar 2015

Psychology Intern

- worked for a project e-PG-Pathshala, funded by MHRD.
- Designed online modules for students distant mode education perusing masters in psychology.

Gwalior Mansik Arogyashala, Govt. of Madhya Pradesh, Gwalior

May 2014 - Jul 2014

Clinical Psychology Intern

- Was responsible for assessment, and diagnosis of both psychotic and neurotic patients
- Attended regular OPD, visits to indoor, outdoor and general ward patients.
- Therapy observations.

Manav Vikas Vishesh Vidyalaya, Pataudhi, Gurugram

Sep 2013 - Mar 2014

Clinical-psychology intern

- Regular clinical visit to special school. Agenda was to assess the IQ and create and implement a behaviour modification plan for children of special needs.

CONFERENCES/ PAPER PRESENTATION

Paper Presentations:

INTERNATIONAL-

First PAN IIT International Management Conference Nov 30- Dec 2, 2018

Presentation Titles:

“Resilience, personal Growth Initiative and Employees Productivity at Workplace”

“Psychological Impact of Advertisements”

“Psychological Factors that determine Investors Decision making towards Financial Avenues: A Study in Dehradun”

International Conference On Cognitive Behavioural Interventions- ICCBI Sept 27-29, 2018

Presentation Titles:

“Impact of CBT on Social Anxiety Disorder”

“Impact of CBT on Obsessive Compulsive Disorder”

“Impact of CBT on Bipolar Disorder”

“Impact of CBT on Schizophrenia”

“Impact of CBT on Voyeurism”

International Conference On Military Psychology & Counselling Aug 14, 2018

“Warmcamp 2018”

International Conference On June 1-2, 2018

Contemporary Issues in Business Innovation Technology & Social Studies

“Emotional Intelligence, Resilience, Job Satisfaction and Employees Performance”

NATIONAL-

National Conference on Knowledge and innovation for Sustainable Growth April 29, 2018

“Impact of Emotional Intelligence on Self -Esteem”

Workshops:

“Mental health issues and its prevention” Oct 10, 2018

On the occasion of World Health Day

Book Chapters

S.NO	Book Title	Author/ Co-author	Publisher	Published Year	ISBN
1	Self -perception as Stress Buffering in Military	Co-author	Serbia chapter-Published by Strategic Research Institute, The University of Defense, Republic of Serbia Co-publisher Media center odbrana, Library, vojna knjiga	2018	Book no. 2234
2	Study of Locus of Control and Self-esteem among Military Cadet	Author	Serbia chapter-Published by Strategic Research Institute, The University of Defense, Republic of Serbia Co-publisher Media center odbrana, Library vojna knjiga	2018	Book no. 2234
3	Resilience amongst Cadets	Author	Rawat Publications, New Delhi	2018	978-81-316-0985-9
4	Emotional Intelligence, Resilience, Job Satisfaction and Employees performance in	Co-author	Bharti Publications, New Delhi	2018	978-93-86608-58-1
5	Psychological Impact Of Demonetization	Author	Excel India publication, New Delhi	2018	978-93-88237-02-4

SKILLS

- Resilient
- Adaptive
- Adroit
- Organisation skills.
- Strong communication and interpersonal skills.